

Kansas Built Environment and Trails Summit



Lawrence, KS • Oct. 18-19

Holiday Inn Holidome Regency Meeting Rooms/DeVictor Park

The Kansas Recreation and Park Association and the Kansas Department of Health & Environment are proud to offer this two-day 2007 Summit on Building Healthy, Active Communities and Trails.

Who Should Attend?

Thursday: Individuals and Organizations working on or who have an interest in improving the built environment including but not limited to: local city planners, engineers, and officials; local health departments; bike/walk coalitions; and community advocates.

Friday: Individuals and organizations representing both public and private sectors who have an interest in improving pedestrian, biking, equestrian and/or paddling transportation routes or enhancing healthy opportunities for communities.

Built Environment Summit Overview

The Thursday summit will look at the community as a whole focusing on the health and environmental connection; community collaboration on a local and state level; grassroots advocacy; and Kansas communities that have improved the built environment to promote an active lifestyle.

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Trails Summit Overview

The Friday session will focus specifically on Kansas Trails and is offered as a celebration of trail projects, a discussion of the issues facing trail suppliers and users, and an opportunity to plan for the future. The Trails Summit is designed to attract several different audiences by offering three distinct tracks. The vision track is designed to allow for the sharing of success stories and plans for the future. It includes a public input forum tied to the State Trails Plan. The Planning track will focus on financing, construction and legal issues. The maintenance track will offer proven methods for keeping trails in optimal condition; highlighted by a hands-on, in-the-park equipment demonstration at a trail under construction.

Trade Show:	Thursday, Oct. 18 5:00 – 7:00 pm	Friday, Oct. 19 7:30 am – 1:30 pm
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Agenda: Thursday, Oct. 18

- 8:30 – 9:00 am Registration and Continental Breakfast**
Bonnie Simon, Doug Vance, KRPA
- 9:00 – 9:30 am Welcome: Making the Connection between Health & the Environment**
Televised Opening Remarks: Governor Kathleen Sebelius, Secretary Roderick Bremby, KDHE and Secretary Deb Miller, KDOT
Opening Remarks: Mike Hayden, KDWP
Speaker: Dr. Howard Rodenberg, Kansas Department of Health and Environment
- 9:30 – 10:15 am Building a Healthy, Active Community**
Speaker: Stephen Hardy, City Planner, BNIM Architects (KC)
Consultant for Rebuilding Greensburg "Green"
- 10:15 – 10:30 am Break**
- 10:30 – 12:00 pm Who's Building a Healthier Kansas and How? (Panel)**
Speakers: Lisa Koch, Safe Routes to School;
Greg DuMars, City Administrator, Lindsborg;
Martin Rivarola, Community Development Director, City of Mission
- Noon – 1 pm Lunch Provided – Networking Opportunity**
- 1:00 – 1:45 pm Healthy Kansas Communities Toolkit**
Speaker: David Gurss, KDOT

Continued...

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- 2:00 – 3:00 pm** **Accomplishments on a Shoestring Budget:
Utilizing Community Resources (Panel)**
Moderator: Lisa Koch
Speakers: Elaine Johannes, Professor, K-State Research & Extension (Manager for a Trail Mixx grant through Sunflower Foundation); Mike Calwell, Friends of the Kaw; Deb Ridgeway, KCMO Bike/Ped Coordinator
- 3:00 – 3:15 pm** **Break**
- 3:15 – 5:00 pm** **Community and State Advocacy – How To Get It Done!**
Moderator: Jerry Hover
Speakers: Tom Wells, Public Speaker, Previously Superintendent NC State Parks; Brent Hugh, Missouri Bicycle Federation
- 5:00 – 7:00 pm** **Networking Social/Trade Show**
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Agenda: Friday, Oct. 19

- 7:30 – 8:30 am** **Registration**
Bonnie Simon, Doug Vance, KRPA
- 8:30 – 9:00 am** **Welcome**
Sid Stevenson, Kansas State University
- 9:00 – 10:15 am** **Vision – What We're Up To**
.1 CEU
Success stories of recent trail construction.
Trails: Technical bike trail, Clinton Lake; Rail-Trail Conversion, Flint Hills Nature; Small Urban Bikepath, El Dorado; Large Urban Urban Bikepath, Topeka; Equestrian, KDWP; Water, Friends of the Kaw.
Moderator: Sid Stevenson, Kansas State University
- Planning – Legal Issues (Liability, ADA)**
.1 CEU
"Unfortunately, people do get injured on the best designed trails. Strategies will be discussed to protect trail suppliers, which should lead to more opportunities, including more options on private land. The National Park Service approach to meeting ADA guidelines for trails will also be presented."
Moderator: Amy Thornton, KDWP
Speakers: Steve Lindsey/Mary Hanson, Outdoor Recreation Planner, National Park Service

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Building – Building & Maintenance/Single Track Construction and Maintenance

.1 CEU

Presentation of basic methods of building single-track, natural surface, multi-purpose trails.

Moderator: Jeff Bender, Pomona State Park

Speakers: Mike Goodwin, Kansas Trails Council and Charlie Armour, Kansas Horse Council, Equestrian Trials

10:30 – 11:45 am Vision – Rail-Trail Vision (Panel)

.1 CEU

Explore the vision for an interconnected trails system in the Sunflower State which includes the Quad State Trails and the American Discovery Trail, the first coast-to-coast trail. Learn how to develop a rail-trail in your area from a panel of five rails-to-trails experts, two of whom have over 20 years of experience.

Moderator: Trent McCown, Park Manager, Prairie Spirit Rail Trail

Speakers: Frank Meyer/Gina Poertner, Kanza Rail-Trails Conservancy; Larry Ross, Ed Lincoln, Clark Coan (Sunflower Recreational Trails)

Planning – Urban Trail Building

.1 CEU

Join Bill Riphahn with Topeka Parks and Recreation and Cliff Middleton with Johnson County Park and Recreation as they give a “how to” lesson on developing a successful urban trail. This power point presentation will discuss the fine points of urban trail planning. They will also touch on what grants are available and how to get started with trail funding, the importance of thorough site analysis, various types of trail construction, construction details, signage and maintenance.

Moderator: Paul Ahlenius, KDOT Bike/Ped Coordinator

Speakers: Bill Riphahn, Parks and Recreation of Topeka; Cliff Middleton, Landscape Architect, Johnson County Park and Recreation District

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Building – Motorized Recreation

.1 CEU

An in-depth discussion on motorized recreation in Kansas, including problem areas and effectiveness from the perspective of three experts involved in building and planning.

Moderator: Jerry Hover, Director, State Parks Division, KDWP

Speakers: Dave Killion, President, KANROCKS Recreation Park; Greg Miller, Army Corp of Engineers; Jenny Frey, Syracuse Dunes Recreation

Noon – 1:15 pm

Lunch – Overview of RECFINDER for Trails

RECFINDER For Trails is a new statewide database of over 450 trails that was launched in July. Dr. Stevenson and the Data Access Support Center (KU) developed the database and will share its operation and several reports of value to the State Trails Plan generated from the data.

Speaker: Sid Stevenson, Kansas State University

1:30 – 2:45 pm

Vision – State Trails Plan Public Input Opportunity (By User Groups)

Strict timelines at 30 minutes per group are designed to offer an opportunity for succinct comments on trail issues previously distributed.

1:30-2:00 Equestrian

2:00-2:30 Cyclists (road and mountain)

2:30-3:00 Public suppliers

Moderator: Sid Stevenson, Kansas State University

Planning – Water Trails

.1 CEU

Moderator: Todd Lovin, Tuttle Creek State Park

Speakers: Laura Caldwell, Kansas Riverkeeper, Friends of the Kaw; KS Whitewater Assoc./KS Canoe Assoc./Riley Co. Parks

1:30 – 4:30 pm

Building – Off-Site Equipment Demonstration (DeVictor Park)

.2 CEU

Moderators: Mike Goodwin, Kansas Trails Council; Mark Hecker, Park Superintendent, Lawrence Parks and Recreation

Demonstrations:

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3:00 – 4:30 pm

Vision – State Trails Plan Public Input Opportunity (By User Groups)

Strict timelines at 30 minutes per group are designed to offer an opportunity for succinct comments on trail issues previously distributed. The last session is open to everyone.

3:00-3:30 Paddlers

3:30-4:00 Motorized

4:00-4:30 Walking/hiking/fitness

4:30-5:00 Open

Moderator: Sid Stevenson, Kansas State University

Planning – Chasing the Funds

.1 CEU

*Moderator: Bill Maasen, Planning & Development Manager,
Johnson County Park & Recreation District*

*Speakers: Linda Lanterman, KDWP Grant Coordinator; Paul
Ahlenius, KDOT Bike/Ped Coordinator; Regina Nicol,
Kansas Travel & Tourism; Ed Lincoln, Mosby, Lincoln,
LC (private fund provider) Representative of Sunflower
Foundation TBD.*

Total CEUs Possible .55

Hosting Agencies

Kansas Recreation and Park Association/Park and Natural Resources Branch
Kansas Department of Wildlife and Parks
Kansas Department of Health and Environment

Participating Organizations

Kansas Travel and Tourism	Johnson County Park and Recreation District
Kansas Department of Transportation	Lawrence Parks and Recreation Department
Kansas Trails Council	Parks and Recreation of Topeka
Kansas Horse Council	Kanza Rail Trail Conservancy
Kansas Whitewater Association	Friends of the Kaw
Kansas Canoe Association	Governor's Council on Fitness
Sunflower Recreational Trails	

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Registration

Deadline: October 10, 2007

Name _____
Certification _____
Title _____
Agency _____
Address _____
City/State/Zip _____
E-mail _____
Phone _____ Fax _____

Registration Fee (Check One):

_____ Full Session (\$50)
_____ Thursday Only (\$25)
_____ Friday Only (\$25)

\$10.00 Late Fee (If postmarked after 10/10/07)

\$_____ Total ____/____/____ Date

Mailed/Faxed

Payment Type:

_____ Need Invoice - Purchase Order # _____
_____ Paying By Check (Payable to KRPA)
_____ Paying by Credit Card
Circle One: MasterCard or VISA
Card Number _____ Expiration Date _____
Name on Card _____
Signature _____
Send Receipt to e-mail: _____

Mail or Fax completed form with payment to:

Bonnie Simon
Kansas Recreation and Park Association
700 SW Jackson St Suite 805
Topeka KS 66603
FAX: 785-235-6655

Registration Questions:
Bonnie Simon - 785-235-6533 ext 20 -
Bonnie@krpa.org

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Directions to Summit

From the Kansas Turnpike/I-70:

Take Exit 202(US-59 S, West Lawrence).
Go south on US-59 to the first traffic light.
The Holiday Inn is on the left side of that
intersection at 200 McDonald Drive.



From the South:

Go north on US-59 Highway thru Lawrence
to the South McDonald Drive Ramp. Follow
to the Holiday Inn at 200 McDonald Drive.
Phone: 785-841-7077



Lodging

Rooms are reserved at a special rate of \$69/night for conference attendees.

Holiday Inn

200 McDonald Drive

Lawrence KS

785-841-7077

Cancellations

Refunds will not be given for this workshop.

Substitutions are allowed. Contact Bonnie@krpa.org

General Contact Information

Doug Vance, Kansas Recreation & Parks: doug@krpa.org

Jennifer Church: jchurch@kdhe.state.ks.us

